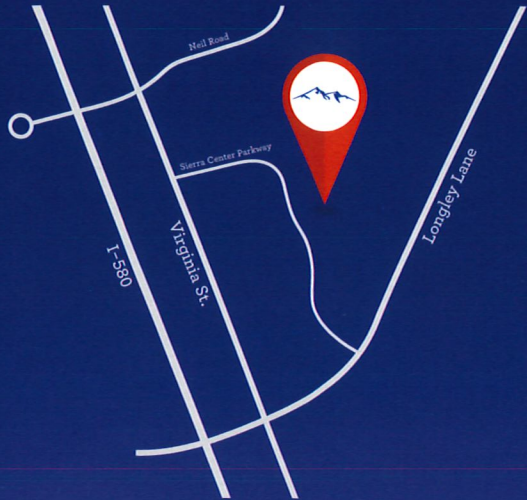


RENO BEHAVIORAL
Healthcare Hospital



6940 Sierra Center Pkwy
Reno, NV 89511

775-393-2200

www.renobebehavioral.com

**RENO
BEHAVIORAL
HEALTHCARE
HOSPITAL**

Your
Quality
Choice
for
Mental Health and
Addiction Services

We Care
www.renobebehavioral.com

RENO BEHAVIORAL
Healthcare Hospital

RENO BEHAVIORAL
Healthcare Hospital

Discover the Reno Behavioral Health



Call us today for a **FREE, CONFIDENTIAL**

**Welcome to Reno Behavioral
Healthcare Hospital**

You now have a quality choice when it comes to behavioral health services.

Reno Behavioral Healthcare Hospital is the first hospital of its kind to be built from the ground up in our community in more than 35 years. The modern, state-of-the-art facility features 80,000 square feet with 124 beds.

We are committed to a safe, supportive environment, and our staff of professionals are carefully selected to provide the very best in mental health care and service to patients and family members.

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Help is just a phone call away.

Call us today for a **FREE, CONFIDENTIAL** assessment: 775-

Substance Use Disorder & Chemical Dependency Detoxification

Substance Use Disorder is a progressive illness, and a person's mental health is often an underlying issue. For that reason, our rehabilitation program addresses the multiple challenges that may come with addiction:

- Alcohol and Drug Abuse
- Depression/Mood Swings
- Anxiety
- Urges and Cravings
- Post-Acute Withdrawal Symptoms
- Relapse/Lack of Motivation

Clinical Expertise: Our programs are primarily staffed with Licensed Alcohol and Drug Counselors (LADCs) with advanced, Master's-level education. Their training provides a strong background in both substance use and underlying mental health issues, which can result in a more rounded treatment experience.

Comprehensive addiction treatment includes:

- Individualized treatment and recovery plan for a healthy and sober lifestyle
- Addiction Cycle Education
- Stress Management
- Group Therapy
- Family Therapy
- Coping-Skill Building



Adult Inpatient Treatment for Mental Health

Our program offers a safe, secure and therapeutic environment for adults (age 18 and older) with 24-hour monitoring.

Common conditions include:

- Anxiety
- Bipolar Disorder
- Depression
- Psychosis/Schizophrenia
- Substance-related disorders with psychiatric symptoms

Our highly structured program includes:

- Group therapy
- Recreation therapy
- Medication management
- Socialization therapy
- Expressive therapy

Adolescent Services

Inpatient and outpatient treatment for adolescents (ages 12–17) with mental health and/or drug/alcohol use issues.

Adolescents are always hospitalized separately from adults. Our treatment team provides 24-hour monitoring, treatment and stabilization for individuals who may be struggling with problems such as:

- Anxiety/panic
- Bipolar Disorder
- Depression
- Drug/Alcohol use
- Post-Traumatic Stress Disorder
- Psychosis/Schizophrenia
- Suicidal/homicidal thoughts

We create a structured environment that encourages rapid recovery and a return to the community for follow-up care as needed.

Outpatient Services

Outpatient Services provide needed treatment without the overnight stay.

Partial Hospitalization Program

Programing is based on highly structured, evidence-based treatment models offered within a safe and therapeutic environment. Monday–Friday, two to four weeks.

Intensive Outpatient Program

Substance Use Disorder treatment is highly structured and includes group therapy as well as medication management (if required).

Benefits of Outpatient Services

- Alternative to inpatient hospitalization
- A step-down program from inpatient care
- Tools for identifying and coping with triggers
- Comprehensive evaluation and individualized wellness and recovery treatment plan
- Medication consultation and management
- Evidence-based treatment
- Intensive Group Therapy, Cognitive Behavioral Therapy, Illness Management Recovery
- Aftercare referrals



Specialized

Specialized services for older adults, including events for chronic illness, independent living, and private care.

Common

- Anxiety
- Dementia
- Schizophrenia
- Substance Use
- Suicidal thoughts

Centers

Our specialized experience is related to patient-centered evidence-based care.

Our programs following

- Maintenance of impressions
- Teaching triggers
- Development of healthy skills
- Creating triggers and skills